

SABIN FAMILY NEWSLETTER

June 3, 2024

www.sabin.cps.edu



CONGRATULATIONS, CLASS OF 2024!

On Friday, May 31st Sabin celebrated the commencement of the class of 2024. The 8th grade luncheon was held at Maggianos on May 30th (right). Congratulations Hawks! We are so proud of each of you!

IMPORTANT UPCOMING DATES

- June 3rd - LSC Meeting
 - June 4th - Seal of Biliteracy awards for 5th grade
 - June 5th - Pre-K Celebration, 9:00am
 - June 5th - Kindergarten Celebration, 10:30 am
 - June 6th - Sabin Field Day
 - June 6th - Last day of attendance for students
 - June 8th- Sabin participates in the Puerto Rican Parade
- HAVE A GREAT SUMMER!



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SABIN SPORTS BANQUET

On Tuesday, May 28th we celebrated the achievements of all Sabin athletes with a sports banquet and awards ceremony. The event began with a family dinner and awards followed in the auditorium. Congratulations to all of our Sabin Hawks athletes!!



Top: 7th and 8th Boy's Basketball, Bottom: Cross-Country

STAY UPDATED OVER THE SUMMER

Sabin on Instagram: @SabinDLMagnet
Sabin on Twitter/X: @SabinDLMagnet
Sabin on FB: Sabin Dual Language Magnet School

END OF YEAR CELEBRATIONS

Pre-K students celebrate the last weeks of school with daily activities including an awards gala.



SABIN'S
WONKA
BACK TO
SCHOOL
BASH
August 23rd, 2024
12- 3PM
2216 W. Hirsch
Join us for food, fun, & games to start the new year!

SABIN'S COUNSELING CORNER

SOCIAL-EMOTIONAL LEARNING NEWSLETTER



A note from the counselor:

As adults, it's easy to forget how much we depend on routines and habits that we've worked a lifetime to build- until they get messed up. It's the same with kids! Organizing your child's summer routines with predictable structures provides countless benefits, such as: reducing instances of misbehavior, helping build confidence and independence, and providing a sense of stability.

It may take a few days for you and your children to adjust to the different rhythm of your summer routine, and that's completely normal. Even though each family's routine will look different, take a look at some of the essential elements below. Have a great summer!

😊 Ms. Avery

Summertime Boredom

JUST ON THE OTHER SIDE OF BOREDOM IS... MAGIC.

I'M BORED JAR IDEAS:

MAKE A SUMMER BUCKET LIST, GO ON A SCAVENGER HUNT
PLAY HANGMAN OR TIC TAC TOE, DRAW WITH SIDEWALK CHALK, JUMP ROPE AND SEE HOW LONG YOU CAN JUMP WITHOUT MISSING, PLAY BALLOON TENNIS, MAKE PAPER AIRPLAINES AND HAVE A COMPETITION, ORGANIZE YOUR CLOSET, TAKE PHOTOS OF CLOUDS AND PLAY "WHAT DO YOU SEE" , SIT OUTSIDE AND SKETCH WHAT YOU SEE, BLOW BUBBLES, MAKE YOUR OWN BOARDGAME, ASK SOMEONE IN THE FAMILY IF YOU CAN HELP THEM, MAKE UP A SKIT AND PERFORM IT A DINNER TIME, MAKE A BLANKET FORT, VISIT GARAGE SALES, READ, MAKE A PUPPET, PAINT ROCKS, MAKE FOIL JEWELRY, EXERCISE WITH YOUTUBE, CREATE AN OBSTACLE COURSE, GO THE PARK, BUILD A CARD HOUSE

Establishing a Summer Routine:

1. QUIET TIME - CHILDREN NEED INDEPENDENT PLAY. TRY MAKING AN "I'M BORED" JAR.
2. SPEND TIME OUTSIDE- THERE ARE COUNTLESS SOCIAL, COGNITIVE, AND PHYSICAL BENEFITS TO OUTDOOR ACTIVITIES AND UNSTRUCTURED PLAYTIME.
3. SCHEDULE TIME FOR HOUSEHOLD CHORES.
4. LIMIT SCREEN TIME- TRY COMING UP WITH AN AGREED-UPON LENGTH OF SCREEN TIME, WITH YOUR KIDS, FOR EACH DAY WITH SOME BUILT-IN FLEXIBILITY. FOR EXAMPLE, YOU COULD ALLOW 10-15 EXTRA MINUTES OF TABLET TIME IF THEY COMPLETE ALL OF THEIR CHORES OR LET THEM HAVE AN ADDITIONAL 30 MINUTES ON THE WEEKEND.
5. PARTICIPATE IN ORGANIZED EVENTS (FESTIVALS, FARMER MARKETS, PLAYDATES, FREE EVENTS AT THE LIBRARY)
6. ONE-ON-ONE TIME
7. KEEP A CONSISTENT MORNING/BEDTIME

Stay in touch :

Please allow for 24 hours for a response.



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